

# THE MAY FAIR HOTEL



Please scan the QR code for  
allergen and dietary information.

# WELCOME TO OUR IN-ROOM BREAKFAST MENU

Available from 6am - 12pm

This forms part of the inclusive breakfast offering

<b>The May Fair</b>	25	<b>Eggs Florentine</b>	14
Free-range eggs, Cumberland sausages, smoked sweetcure streaky bacon, baked beans, grilled mushrooms, hash browns and roasted vine cherry tomatoes (1092 kcal)		Toasted sourdough bread, sautéed baby spinach, poached free-range eggs and hollandaise sauce v (688 kcal)	
<b>The Italian</b>	15	<b>Masala Omelette</b>	14
Poached free-range eggs, chargrilled ciabatta, crispy pancetta and truffle hollandaise (1079 kcal)		With coriander, green chilli, tomato and red onion v (520 kcal)	
<b>The Continental</b>	17	<b>Free-range Egg Selection</b>	
Smoked Scottish salmon, cheddar cheese and brie, cured meat selection and freshly cut fruits served with butter croissant and preserve (801 kcal)		All served with hash browns (304 kcal) v	
<b>The Peruvian</b>	14	Fried eggs (283 kcal)	10
Scrambled free-range eggs with coriander, chargrilled sourdough and crushed avocado with yellow anticucho and chillies v (493 kcal)		Poached eggs (146 kcal)	10
<b>Taste of Japan</b>	14	Boiled eggs (144 kcal)	10
Smoked salmon sashimi on toasted muffin with wasabi mayo, shichimi and fresh lemon (399 kcal)		<b>Bespoke Free-range Eggs v</b>	
<b>Cinnamon French Toast</b>	12	Slow-cooked scrambled eggs (402 kcal)	12
Served with pancetta and maple syrup (875 kcal)		Three-egg omelette (283 kcal)	12
		Egg white omelette (100 kcal)	12
		Available with the following fillings:	
		Smoked salmon (46 kcal)	
		Honey-roasted ham (27 kcal)	
		San Marzano tomatoes v (4 kcal)	
		Chestnut mushrooms v (5 kcal)	
		Red chilli v (1 kcal)	
		Bird's eye chilli v (1 kcal)	
		Curly kale v (8 kcal)	
		Baby spinach v (4 kcal)	
		24-month-aged Parmesan (42 kcal)	

Please note that all in-room dining orders will have an additional tray charge of £3.50 added to the bill. If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. Please note that dishes marked with a 'v' are suitable for vegetarians. Adults require 2000 kcal per day.

A discretionary service charge of 12.5% will be added to your bill. A cover charge of £5 will be applicable for all orders without any food and beverage. All prices are inclusive of VAT.

Breakfast On The Move. Should you have an early departure, our breakfast on the move is the perfect option. Using the hanger provided in the room, simply select your chosen items and how many breakfast bags you require. Place the hanger on your door before 2am and we will deliver to your room within 15 minutes of your requested time.

<b>Organic Scottish Porridge</b>	11	<b>Cereal Selection v</b>	5
With toasted almonds, blueberries and Mānuka honey v (635 kcal)		Muesli (183 kcal)	
<b>Our Bacon Sandwich</b>	12	Coco Pops (193 kcal)	
Maple-glazed smoked sweetcure streaky bacon, chilli and tomato ketchup and fried free-range egg in a toasted English muffin (990 kcal)		Bran Flakes (167 kcal)	
<b>Blueberry Buttermilk Pancakes</b>	12	Special K (196 kcal)	
Blueberry-infused buttermilk pancakes with maple syrup and blueberry compote v (424 kcal)		<b>Served with your choice of milk: v</b>	
<b>Bubble Waffles</b>	12	Semi-skimmed milk (115 kcal)	
Caramelised banana, honeycomb and maple syrup on our bubble waffle v (526 kcal)		Skimmed milk (115 kcal)	
<b>Our Seasonal Fruit Platter</b>	14	Soya milk (15 kcal)	
Exotic selection of seasonal fruit v (217 kcal)		Almond milk (55 kcal)	
<b>Acai Berry Bowl</b>	12	Oat milk (37 kcal)	
Açai berry bowl with figs, almonds, sesame seeds and vanilla beans (224 kcal)		<b>Yoghurt Selection v</b>	
<b>Freshly Baked Pastries</b>	11	Strawberry yoghurt (98 kcal)	4
Beurre d'Isigny croissant (261 kcal), pain au chocolat (267 kcal) and almond croissant (305 kcal), served warm v		Bircher muesli (225 kcal)	5
<b>Bread Selection v</b>	5	Coconut yoghurt (294 kcal)	4
Served toasted with salted Lescure butter:		Greek yoghurt (133 kcal)	4
White bloomer (478 kcal)		Natural plain yoghurt (79 kcal)	4
Wholemeal bloomer (354 kcal)		<b>Sides</b>	
Ciabatta (476 kcal)		Smoked sweetcure streaky bacon (138 kcal)	5
Our focaccia (349 kcal)		Unsmoked back bacon (215 kcal)	5
Gluten Free (406 kcal)		Cumberland sausages (381 kcal)	5
		Chicken sausages (300 kcal)	5
		Grilled mushrooms v (5 kcal)	4
		Vine cherry tomatoes v (22 kcal)	4
		Hash browns v (174 kcal)	4
		Baked beans v (61 kcal)	4

### Juice Selection

Fresh orange (96 kcal)	5.5
Fresh apple (220 kcal)	5.5
Pink grapefruit (97 kcal)	5.5
Coconut water (45 kcal)	5.5

### Coffee Selection

Filter coffee (0 kcal)	6
Latte (100 kcal)	6
Decaffeinated (0 kcal)	6
Macchiato (19 kcal)	6
Espresso (0 kcal)	6
Mocha (105 kcal)	6
Cappuccino (94 kcal)	6
Double espresso (0 kcal)	6.5
Rococo chocolate (108 kcal) (award-winning organic drinking chocolate with a creamy finish)	7

### Tea Selection (0 kcal)

English Breakfast	6
Jasmine	6
Earl Grey	6
Fresh mint and lemon	6
Green Sencha	6
Black tea and ginger	6
Masala Chai	6

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### **Breakfast Supplements**

Available from 6am - 12pm

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### **BREAKFAST COCKTAILS**

START YOUR DAY WITH ONE OF OUR SIGNATURE BREAKFAST COCKTAILS.

#### **The May Fair Bloody Mary**

16

Belvedere Vodka, Gin Mare, lemon and tomato juice with our signature May Fair spice mix

#### **The May Fair Mimosa**

18

Clementine, Mandarine Napoléon and Moët & Chandon Brut

#### **Passion Fruit Bellini**

18

Passion fruit purée, Passoà and Moët & Chandon Brut

### **Breakfast Smoothies**

Our selection of energising smoothies are freshly prepared to order.

#### **Avocado & Ginger**

10

Avocado, raspberries, ginger and apple juice (259 kcal)

#### **Banana Blueberry**

10

Banana, blueberries, natural yoghurt, apple juice, agave and cinnamon (180 kcal)

#### **Fresh Berry**

10

Strawberries, pineapple juice, coconut milk and vanilla (140 kcal)